



**Equipment List 2022-23**

	<b>EQUIPMENT (R=required, S=suggested)</b>							
<b>GROUP</b>	Fins	Snorkle	Kick Board	Pull buoy	Mesh bag	Water bottle	Training suit	Race suit
Swim School	R	-	-	-	-	-	-	-
Pre-Comp	R	-	-	-	-	-	-	-
AG-Devo	R	R	S	-	S	-	-	-
AG-Train	R	R	S	S	S	-	-	-
AG-Race	R	-	R	-	R	R	R	R
Jr-Performance	R	-	R	R	R	R	R	R
SR-Elite	R	-	R	R	R	R	R	R

**Notes:**

Water bottles should be at a minimum, 1.5 liters capacity

Fins should be good fitting, in good condition, have an open back or closed back design, and have a reduced (training) blade

Kick boards should be a tapered design with minimal buoyancy

Pull Buoys are used sparingly. Size and design of the pull buoys should compact and minimal buoyancy.

Have more than one training suit packed for training sessions. Training suits should be comfortable, tight fitting and modest

Racing suits should be compliant with the FINA standards. Recommendation is to limit the number of times that this suit is used in competition